

Ravens Wood School

Sixth Form Academy Provision Map



Academy Name: Football Academy

Overarching Aim: To further student's football skills and improve health and well-being. Additionally, to give students the opportunity to participate in national competitions, Kent County Leagues, Kent County Cup and Bromley District Cup fixture programme.		
Why join this Academy?	<p>Opportunity to play a high level of football.</p> <p>Improve health and fitness through physical activity.</p> <p>Opportunity to represent the school in extra-curricular fixtures on a Wednesday afternoon.</p> <p>Structured development programme for both teams and individuals.</p> <p>Opportunity to build on football skills and prepare for senior/university football.</p> <p>Opportunity to attend a football academy tour.</p>	
Themes/ Practical Skills/ Techniques and Key Skills	The sophistication and application of skills will become more advanced as students' progress through the Academy.	
	Theme/Skill/Technique	How will this be developed?
	Playing out from the back	<p>We will use many different types of training to develop the players, these are:</p> <ul style="list-style-type: none"> • Phases of play • Small sided games • Full size game • Position specific training • Functional sessions
	Building the attack	
	Finishing the attack	
	Defending in opposition half	<p>These sessions will look to improve all players as both individuals and as a team. We aim to develop the players in the 4 key areas of technical ability, tactical understanding, physical competencies and psychological capabilities.</p> <p>Individual and group targets will be employed to track development and performance, performance profiles will help with the use of game footage to review and analyse games and specific situations within games.</p> <p>Providing opportunity to perform in the highest level of schools competition will provide challenge and be a test of the team, they will have regular fixtures allowing them to compete against other schools in the county.</p> <p>We will run 2 teams which gives the opportunity for 32/36 students to train and represent the school.</p>
	Defending in our half	
Key Dates of Events/ Competitions entered	Date:	Event/Competition –
	Throughout the season	<ul style="list-style-type: none"> • ESFA Super League • ESFA Trophy • KSFA Leagues • KSFA cup • Bromley District Cup
	4 th Half term	Academy Tour (Barcelona)