

KINDNESS



RESPECT



PRIDE



INTEGRITY



AMBITION



COMMUNITY



SIXTH FORM

Preparing for Success

Year 13 Raising Achievement Evening
Wednesday 17th September 2025

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Our Ethos & Values



OUR VALUES

KINDNESS
RESPECT
PRIDE
INTEGRITY
AMBITION
COMMUNITY

WE ARE BLACK & GREEN



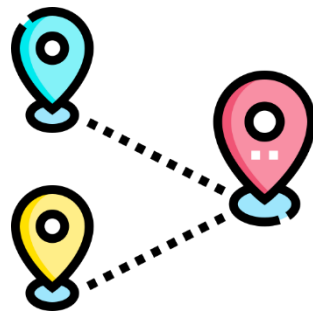


2025 Outcomes

	2019	2023	2024	2025
A* - A (A Level) %	15	14	17	14
A* - B (A Level) %	45	43	42	43
A* - C (A Level) %	75	71	73	75
A* - E (A Level) %	98	98	99	97
Average Grade	C	C	C+	C+
Di* - Di (BTEC) %	50	23	29	30
Di* - M (BTEC) %	88	85	78	83
Di* - P (BTEC) %	97	99	100	100
Average Grade	Dist	Merit	Merit+	Merit+



Destinations



- 145 total UCAS applications
- 80% obtained their firm choice
- 92% obtained their firm/insurance choice
- 1 successful application to Cambridge to study Medicine
- 2 Medicine, 1 Pharmacy and 1 Pharmacology successes
- Degree Apprenticeships secured at:
 - Goldman Sachs
 - Morgan Stanley

**Goldman
Sachs**



UNIVERSITY OF
CAMBRIDGE

Morgan Stanley



Who's Who

Staff Member	Tutor Group
Mrs Francis (Ms Hill on Friday) afr@rws.uk.net	13A
Mr Morrissey – mrm@rws.uk.net	13B
Mrs Hemming – trh@rws.uk.net	13C
Mr Rees – are@rws.uk.net	13D
Mrs Jackson-Man – cjm@rws.uk.net	13E
Mr Tysall – grt@rws.uk.net	13F

Staff Member	Role
Mr McCartney	AHT
Ms Hollingsworth	DKS5
Miss Burgess	DDKS5

Staff Member	Tutor Group
Mr Grant – ing@rws.uk.net	MUS
Mr Southworth – bes@rws.uk.net	RAM
Mr Forrest – jfo@rws.uk.net	12RUG
Mr Griffiths – jgr@rws.uk.net	13RUG
Mr Begam – lbe@rws.uk.net	12 FOOT
Mr Beaumont – tbe@rws.uk.net	13 FOOT
Mr Ring – mar@rws.uk.net	STEM



Key Dates

Date	Event
8 th September	RWS13 Intervention Strategy 1
18 th September	RWS13 Raising Achievement Evening
W/C 13 th & Oct/3 rd Nov	RWS13 Practice Exams 1
28 th November	RWS13 Intervention Strategy Wave 2
4 th December	RWS13 Parents' Evening 1
5 th December	RWS UCAS deadline
W/C 9 th Feb & W/C 23 rd Feb	RWS13 Practice Exams 2
23 rd March	RWS13 Intervention Strategy Wave 3
16 th April	RWS13 Parents' Evening 2
8 th May	RWS13 Leavers' Breakfast
12 th May	Public Examination Series starts

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PPE 1 | W/C 13th October

The first round of PPE's will be held W/C 13th October

Topic lists will not shared with students in advance

Personalised learning checklists can be found on the Post Sixteen page of the school website

Exams will take place in the sports hall

Targeted intervention groups will be set up after analysing this data

Students are not on study leave

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Practice Exam Window 1

	Monday 13 th	Tuesday 14 th	Wednesday 15 th	Thursday 16 th	Friday 17 th
11.15am start	History Theatre Studies Further Maths	Geography Physics English Lit	Sociology Music English Combined	Economics French	Government & Politics Chemistry

	Monday 3 rd	Tuesday 4 th	Wednesday 5 th	Thursday 6 th	Friday 7 th
11.15am start	Psychology	Maths Film Studies Moral Philosophy	Media Studies Biology Computer Science PE BTEC Sport	Business BTEC Business	DT

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NEA/Coursework

All subjects with NEA/coursework elements have produced a calendar to outline submission dates

This is to increase accountability for students and to inform parents

These calendars have will be by the end of this week with parents/carers and given to students in lessons



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NEA/Coursework

- When you submit coursework to your exam board, you need to sign a disclaimer that it is all your own work.
- If you use ChatGPT, or similar, it is not all your own work.
- Not only is this plagiarism/cheating, there are other problems:
 - It can't verify information
 - It's prone to bias
 - It lacks originality
 - It can misunderstand prompts
 - The results can be outdated





Metacognition

- Metacognition is the ability to examine individuals thought processes and can help identify how they learn best
- It is important to identify what approaches work for you
- This will allow you to set goals, monitor and evaluate progress towards these goals



ONE SIZE
DOES NOT
FIT ALL



The Metacognition Process

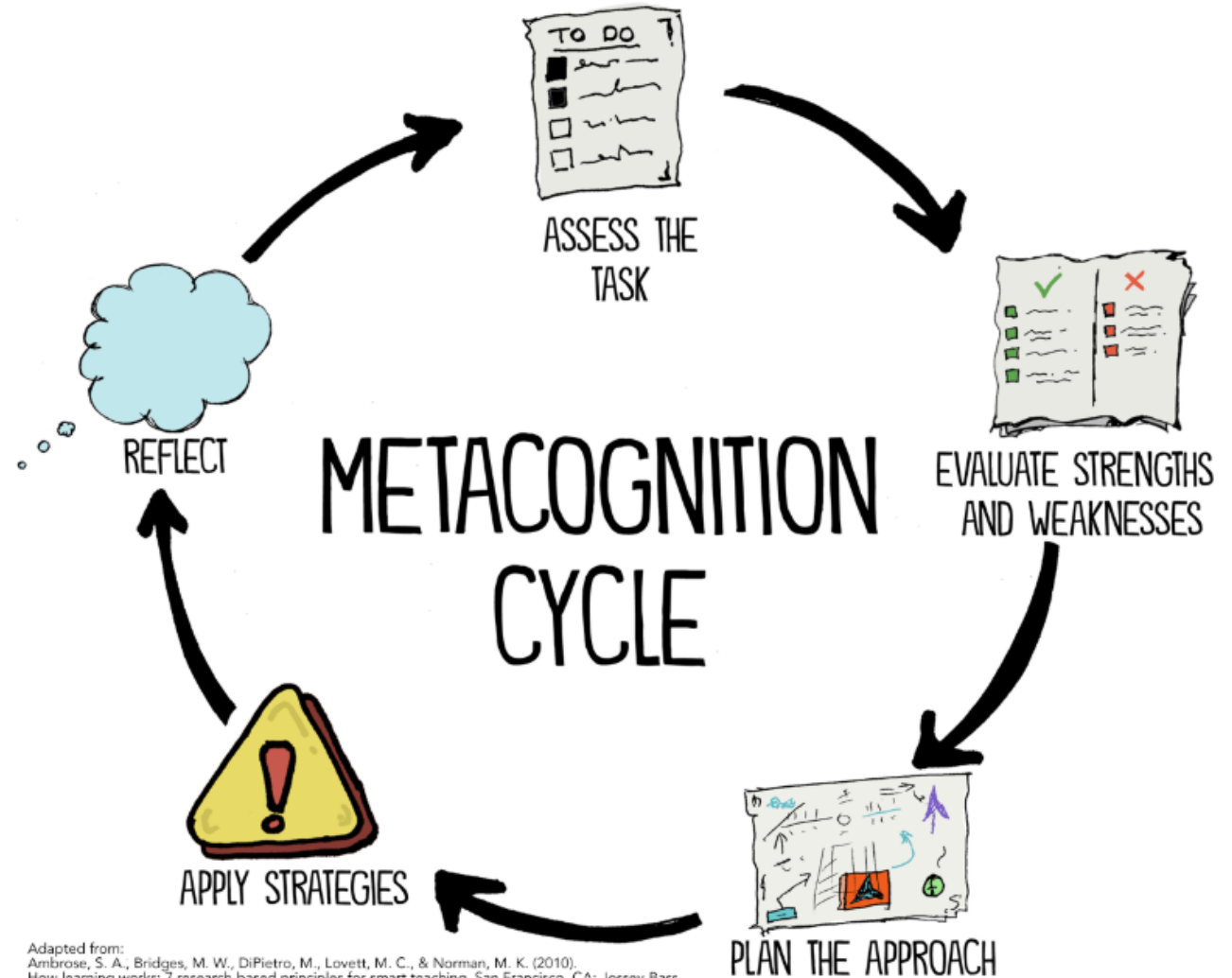
THE POWER OF METACOGNITION

Metacognition is vital for students to thrive in college, in their careers, and in life-long learning. It helps promote autonomy and resiliency. When students improve their metacognitive skills, they are more likely to embrace a Growth Mindset and learn from mistakes.

If we want students to grow into problem-solvers and critical thinkers, we need to help them develop metacognition.



JOHN SPENCER



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Revision Tips



Set up the perfect study space

Make sure it's well lit, not too hot or cold and is quiet enough for you to work.



Start with the biggest or most difficult

It might seem easier to start with the smallest and easiest bits but by tackling the biggest, most challenging topics first you'll feel more confident in the long run.



Take regular breaks

It's important to ensure you take regular breaks, you need to rest your brain to process the information you're learning. Arrange time with friends and family or watch a bit of Netflix (just be sure not to binge-watch a whole series).



Eat healthily

Make sure to eat three healthy meals a day and limit your caffeine and sugar intake. Power foods for your brain include blueberries, salmon and nuts, so be sure to stock up!



Look ahead and make a plan

Look at your exam timetable and create a revision plan based on it. It'll help keep your revision organised.



Use the best methods for you

By now, you'll know which revision techniques work best for you but don't be afraid to use a new one if you're struggling to absorb a topic. Do whatever works best for you.



Move distracting apps out of view

Your phone can be a huge help for revision, but also a distraction. Move any apps that are likely to distract you to the last page, so you aren't tempted. Add apps that can help you (like the GCSEPod app) to your phone's home screen as a reminder to keep up your revision.



Exercise

A healthy body = a healthy mind. Try to do at least 20 minutes of physical activity a day to help improve focus and stay relaxed.



FLAT Revision



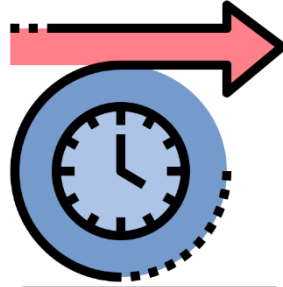
Focused

Phone away

Music off

Avoid
distractions

Be in the right
environment

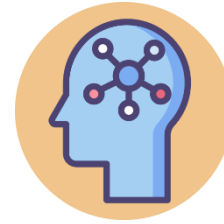


Long-Term

Start earlier to
avoid cramming

Create a revision
timetable

Interleave
different topics

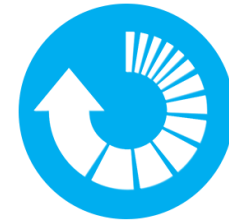


Active

Engage your brain
by actively
creating resources

Practise exam
technique

Revise areas you
struggle with



Transformed

Transform
content into a
different format:

- Flashcards
- Timeline
- Mnemonic
- Mindmap
- PowerPoint



R

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- **Retrieval** – promotes use of your long-term memory. This can be carried out through; past papers, brain dumps, quizzes
- **Elaboration** – allows you to strengthen the connections between various concepts in your subjects
- **Visual** – use both text and graphics in their study notes or flashcards to better retain information
- **Interleaving** – during one revision session, you should switch between two distinct topics or review material from a different subject
- **Spacing** – Spreading out revision sessions for a single topic over a longer period is more beneficial than doing it in a single day
- **Examples** – the use of examples can support with understanding of more abstract concepts



Approaches to Revision

- Effective use of Silent Study time
- PiXL resources
- Mock Monday
- Use of past papers and mark schemes
- Exemplar responses
- Redrafting
- P5 in the Learning Commons

The Thinking Hard Process

Knowledge and understanding

Reduce
Transform
Deconstruct
Derive



Reduce it



Transform it



Deconstruct it



Derive it

Analysis and application

- Prioritise
- Categorise
- Criticise
- Trends and patterns
- Practise



Prioritise it



Categorise it



Criticise it



Find Trends/
patterns

Flexibility of thinking

- Make connections
- Compare
- Extend
- Create



Connect it



Compare it



Extend it



Create it



UCAS and Next Steps

Date	Event	Notes
17th Sept	Yr13 Raising Achievement Eve	<ul style="list-style-type: none"> Sixth Form Team to deliver Raising Achievement Evening to support with UCAS applications, NEA's and upcoming PPE1
19th Sept	1st Draft PS	<ul style="list-style-type: none"> Students should submit their 1st draft of PS to subject specialists for feedback Students should continue with their application on the UCAS website
W/C 23 rd Sept	Tutor Review	<ul style="list-style-type: none"> Students to submit their first draft to form tutor for review
2 nd Oct	Conservatoire	<ul style="list-style-type: none"> Conservatoire deadline – Music applications. Student to liaise with DRH and ING
15 th Oct	Oxbridge	<ul style="list-style-type: none"> Oxbridge/Medicine/Dentistry – Students to attend Early Entry Support sessions
W/C 20 th Oct	Half Term	<ul style="list-style-type: none"> Students should use this time to complete second draft of personal statement and continue with their application on the UCAS website Second half of PPE1 W/C 3rd November – Students to revise for upcoming exams
W/C 10 th Nov	Tutor Review	<ul style="list-style-type: none"> Tutors to review progress of tutees on UCAS and flag any concerns to Sixth Form team
5 th Dec	Internal Deadline	<ul style="list-style-type: none"> All (majority of) applicants should have sent their applications off
W/C 1 st & 8 th Dec	UCAS Clinic	<ul style="list-style-type: none"> NMC/DRH to hold a clinic to complete last remaining applications – students to book in for 10/15 minute slots
Ongoing	Careers Support	<ul style="list-style-type: none"> Mrs Hayden (Trust Careers Lead) available every Wednesday and students can book an appointment. Students can book an appointment via email or going to the Careers office

**Students are reminded that they can attend university open days during term time. Confirmation of their attendance will be needed to authorise these absences. Please email confirmation to attendance@rws.uk.net*



UCAS & Next Steps

- Ensure to use the buzzword to link your application to the school:

Ravens2026

- This allows us to check in with your progress

- Apprenticeship opportunities, continue to use Unifrog. There is no single 'window' that these are launched, however, a lot will go live November time.

UCAS

Parents & guardians, get signed up!



Scan this QR code or go to

www.unifrog.org/student and click 'Sign in for the first time'

You'll be asked for some details and a Sign up Code. This is what you need:

RWSPARENTS

After signing up, log into Unifrog using your email address and password via the student sign-in page!

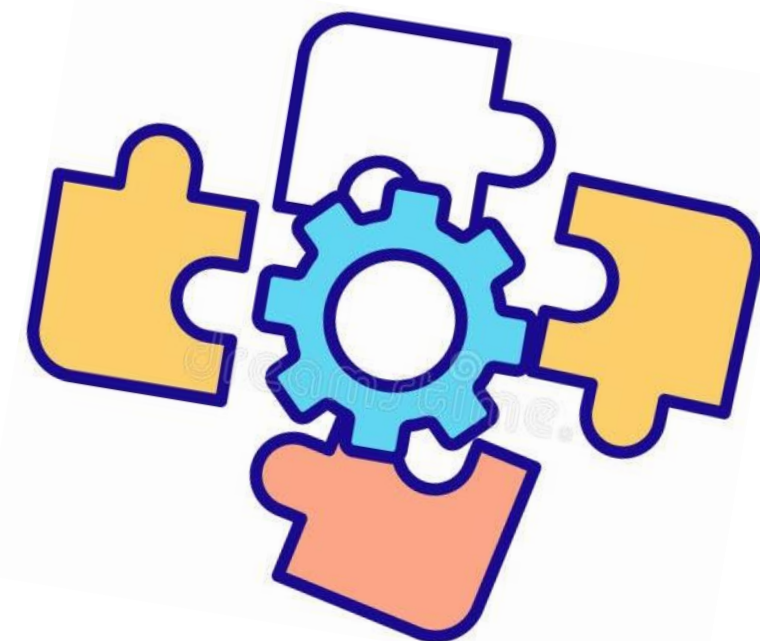
unifrog



Intervention and Support

The Sixth Form team will continue to implement intervention and support to students throughout the academic year, including:

- Early Entry Support & Super-Curricular Sessions
- Personal Success Plan
- Academic mentoring
- Targeted intervention groups
- Extended School
- 'Mock Monday'
- Structured Easter revision tasks for each subject
- Easter School
- Parental Raising Achievement Meetings
- Structured Revision Programme
- Subject specific interventions





UpLearn



Students that are studying the following subjects have the opportunity to register with UpLearn for £150 (1 Year License)



Mathematics



Economics



Physics



Chemistry



Biology



Psychology

Benefits include:

- Reduced price, a saving of £100 per subject
- Additional independent study resource
- Structured approach to your revision





Student and Parental Engagement

When parents are involved in their education and students are more engaged, the student performs better on a wide range of measures:

- Better behaviour
- More confidence and greater self-esteem
- Higher attendance rates
- More enthusiasm about learning
- Better academic outcomes
- Improved next steps destinations



Parent/Carer engagement is a powerful lever for raising achievement in schools. When parent/carers and teachers work together to improve learning, the gains in achievement are significant.



Student and Parental Engagement

Students	Parents/Carers
<ul style="list-style-type: none">Attendance to school and lessons is paramount	<ul style="list-style-type: none">Promote the idea of a regular independent study routine
<ul style="list-style-type: none">Complete independent study and homework tasks	<ul style="list-style-type: none">Ask your child about their school day
<ul style="list-style-type: none">Engage with the academic intervention strategies that are being put in place	<ul style="list-style-type: none">Set high academic expectations and discuss their learning
<ul style="list-style-type: none">Ensure to make use of the pastoral support on offer	<ul style="list-style-type: none">Encourage attendance and being punctual to school
<ul style="list-style-type: none">Prioritise learning – this may mean reducing shifts at work, making use of period 5 in the learning commons	<ul style="list-style-type: none">Make use of open communication with school – inc tutor, subject teachers and the Sixth Form Team

The 4 pillars of wellness



Physical Activity

Exercise produces feel good hormones

Physical health = mental health

Can be as easy as going for a walk



Diet & Nutrition

BALANCE is key

Limit caffeine intake (energy drinks)

Stay hydrated

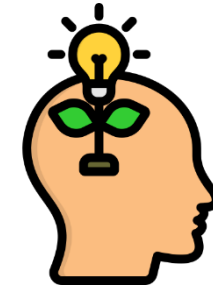


Sleep & Recovery

People your age should be getting 8 -10 hours

Set a bedtime routine

Relax – preferably without a device



Growth Mindset

Learning how to manage stress (meditation etc)

Take regular exercise

Know when to ask for support

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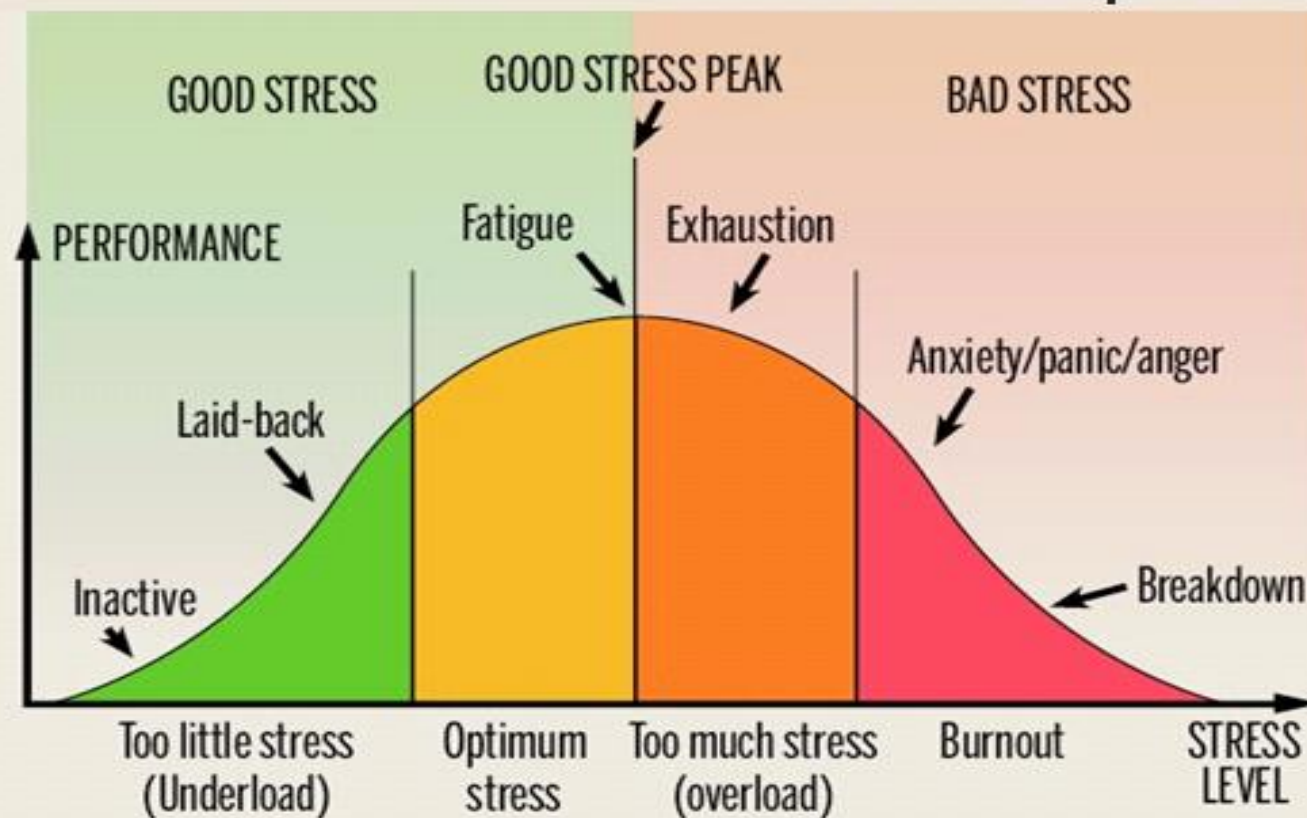


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**Stress is a state of mental or emotional strain or tension, resulting from adverse or demanding situations/circumstances*

Is stress Harmful or Helpful?





Managing our Young People's Mental Health

It is common for students to feel pressure in Year 13. There is a wealth of pastoral support on offer for our young people:

- Form Tutor and Sixth Form Team
- School Counsellor
- School well-being co-ordinator
- External agencies
 - Bromley Y hold webinars for students and Parent/Carers



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The Wellbeing Hub

Student Login Year 12 Students



Student Login Year 13 Students



Parent Login



We are proud to support the whole school community with

— The —
**Wellbeing
Hub**
— from Teen Tips —



Creating an environment that nurtures mental health and wellbeing is a top priority at our school.

We are delighted to provide you with free access to this interactive online portal, designed by experts.



Take your camera out and scan here



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Final Thoughts



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Thank you for attending
Safe onward journey