



Subject: Handball - Year 9

Overarching Topic: Learning and developing basic skills.			
<p>Why is this topic being studied at this time?</p> <p>How does it fit into the wider subject curriculum?</p>	<p>Handball is a sport which a lot of students select for GCSE PE as we have a history of strong results. Handball in PE can help students gain the skills required to be successful in lots of other sports on our curriculum.</p> <p>There are many opportunities to integrate the wider subject curriculum into handball. Many aspects of handball link closely with the GCSE specification which can be used in teaching at key stage 3.</p> <p>Handball provides endless opportunities for pupils to develop their leadership skills, learn new tactics, skills and techniques and displaying the Ravens Wood values.</p>		
	Essential	Core	Ambitious
<p>The Big Questions (What skills will the students be able to display after completing this sport)</p>	<ul style="list-style-type: none"> • How do I perform key handball skills consistently in competitive situations? • How do I maintain possession under pressure? • How do I transition effectively between attack and defence? • How do I apply rules and officiate basic games? • How do I communicate effectively with teammates? 	<ul style="list-style-type: none"> • How do I apply tactical principles to outplay opponents? • How do I create and exploit space in attacking situations? • How do I adapt my performance based on the strengths and weaknesses of others? • How do I defend as part of a coordinated unit? • How do I evaluate and improve my own and others' performances? 	<ul style="list-style-type: none"> • How do I lead and organise a team effectively in competitive games? • How do I implement advanced tactical strategies (e.g. overloads, fast breaks, set plays)? • How do I consistently make high-quality decisions under pressure? • How do I analyse performance and make in-game adjustments? • How do I demonstrate high-level skill, creativity and control to influence outcomes?
<p>The Key Skills/ Techniques</p>	<p>The sophistication and application of skills will become more advanced as students' progress through the Essential, Core and Ambitious knowledge.</p>		
	<p>Skill/Technique</p>	<p>How will this skill be developed?</p>	

	<p>Passing and catching</p>	<p>Students will continue to learn through isolated drills, conditioned practices and small sided games focusing on the basics of passing and catching. Students will demonstrate precision, timing and tactical awareness, use a variety of passes (bounce, overhead, disguised) effectively, maintain possession under high pressure, execute quick decision-making in attacking play and apply it all in full-sided competitive games</p>
	<p>Defending</p>	<p>Students will continue to learn through isolated drills, conditioned practices and small sided games focusing on the basics of defending. Students will perform as part of an organised defensive unit, apply pressing, marking and intercepting strategies, communicate and maintain defensive shape, transition quickly from attack to defence and adapt defensive tactics to different opponents</p>
	<p>Dribbling</p>	<p>Students will continue to learn through isolated drills, conditioned practices and small sided games focusing on the basics of dribbling. Students will explore dribbling strategically within gameplay, beat defenders using advanced skills and feints, maintain control at high speed under pressure, use dribbling to create space or attacking opportunities and select when to dribble vs pass effectively</p>
	<p>Shooting</p>	<p>Students will continue to learn through isolated drills, conditioned practices and small sided games focusing on the basics of shooting. Students will perform a range of effective shooting techniques, use jump shots and varied release techniques, shoot accurately under pressure and from angles, select appropriate shot based on defensive setup and contribute consistently to scoring opportunities</p>
	<p>Tactical awareness & leadership</p>	<p>Students will understand and apply attacking systems and defensive formations, analyse gameplay and suggest improvements, lead warm-ups, drills or team organisation and officiate games confidently and fairly.</p>