

Ravens Wood School

KS3 Curriculum Plan



Subject: Rugby - Year 8

Overarching Topic: Learning and developing basic skills.			
<p>Why is this topic being studied at this time?</p> <p>How does it fit into the wider subject curriculum?</p>	<p>Rugby is one of Ravens Wood's core sports with an extensive tradition. We are one of the only comprehensive schools in the borough to compete in block fixtures on Saturday mornings. The block fixtures begin in the first week in September so it is essential that rugby is taught at the beginning of the academic year to ensure that year 8 pupils can compete safely.</p> <p>There are many opportunities to integrate the wider subject curriculum into rugby. Many aspects of rugby link closely with the GCSE specification which can be used in teaching at key stage 3.</p> <p>Rugby provides endless opportunities for pupils to develop their leadership skills, learning new tactics, skills and techniques and displaying the Ravens Wood values.</p>		
	Essential	Core	Ambitious
<p>The Big Questions (What skills will the students be able to display after completing this sport)</p>	<ul style="list-style-type: none"> • How do I pass accurately whilst moving? • How do I catch consistently under light pressure? • How do I tackle safely in a game situation? • How do I secure the ball at the breakdown? 	<ul style="list-style-type: none"> • How do I select the correct pass in a game situation? • How do I catch effectively under defensive pressure? • How do I choose when and how to tackle effectively? • How do I support attacking play at the breakdown? 	<ul style="list-style-type: none"> • How do I manipulate defenders using different passing techniques? • How do I maintain possession under high pressure? • How do I adapt tackling techniques to different attackers? • How do I counter-ruck effectively?
<p>The Key Skills/ Techniques</p>	<p>The sophistication and application of skills will become more advanced as students' progress through the Essential, Core and Ambitious knowledge.</p>		
	<p>Skill/Technique</p>	<p>How will this skill be developed?</p>	
	<p>Passing and catching</p>	<p>Students will learn through isolated drills, continued use of conditioned drills and small-sided games, progressing into larger game formats with emphasis on passing chains, width, and depth in attack. Students will continue to use the different types of passes and the correct way to receive the ball and try to employ these techniques with introductions of pressure-based scenarios.</p>	

	Tackling	Students will learn through isolated drills, conditioned practices, and small sided games focusing on reinforcing safe tackle techniques. Students will explore live defensive scenarios and conditioned games with development of tracking, timing, and defensive positioning.
	Rucking	Students will learn through isolated drills, conditioned practices, and small sided games focusing on the basics of rucking. Students will explore rucking and counter-rucking with the use of competitive drills to simulate game pressure. Begin to understand personal roles when rucking.