

Ravens Wood School

KS3 Curriculum Plan



Subject: Football - Year 8

Overarching Topic: Learning and developing basic skills.			
Why is this topic being studied at this time?	Football is one of Ravens Wood's core sports with an extensive tradition. We have a history of national, county and district level success across all age groups and football in PE can help students gain the skills required to be successful in sport. We compete in mass football block games from A-F teams and can use the core PE lessons to help us identify students to represent the school.		
How does it fit into the wider subject curriculum?	There are many opportunities to integrate the wider subject curriculum into football. Many aspects of football link closely with the GCSE specification which can be used in teaching at key stage 3.		
	Football provides endless opportunities for pupils to develop their leadership skills, learning new tactics, skills and techniques and displaying the Ravens Wood values.		
	Essential	Core	Ambitious
The Big Questions (What skills will the students be able to display after completing this sport)	<ul style="list-style-type: none"> How do I pass and receive consistently under low pressure? How do I maintain control when dribbling at different speeds? How do I apply correct shooting technique in simple situations? How do I defend effectively using positioning? 	<ul style="list-style-type: none"> How do I pass accurately over varied distances in small-sided games? How do I control and move with the ball under moderate pressure? How do I beat an opponent using simple skills or changes of direction? How do I shoot effectively during dynamic play? 	<ul style="list-style-type: none"> How do I maintain possession and pass effectively under high pressure? How do I manipulate defenders using advanced skills and movement? How do I make tactical decisions to support attacking and defending phases? How do I finish consistently in competitive game situations?
The Key Skills/ Techniques	The sophistication and application of skills will become more advanced as students' progress through the Essential, Core and Ambitious knowledge.		
	Skill/Technique	How will this skill be developed?	

	Passing and receiving	Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of passing and receiving. Students will explore the different types of passes and the correct way to receive the ball and try to employ these techniques in their conditioned practices and small-sided games and whilst being under pressure.
	Tackling	Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of tackling. Students will develop positioning, jockeying, tackling, and intercepting in game scenarios.
	Dribbling	Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of dribbling. Students will develop close control, changes of direction and speed, and decision-making when to dribble vs pass.
	Shooting	Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of shooting. Students will explore shooting and apply technique in dynamic situations including finishing from different angles and under pressure.