

Ravens Wood School

KS3 Curriculum Plan



Subject: Basketball - Year 8

Overarching Topic: Learning and developing basic skills.			
Why is this topic being studied at this time?	Basketball is one of Ravens Wood's core sports during the winter term and we have a history of county and district level success across all age groups. Basketball in PE can help students gain the skills required to be successful in lots of other sports on our curriculum.		
How does it fit into the wider subject curriculum?	There are many opportunities to integrate the wider subject curriculum into basketball especially with handball. Many aspects of basketball link closely with the GCSE specification which can be used in teaching at key stage 3.		
	Basketball provides endless opportunities for pupils to develop their leadership skills, learn new tactics, skills and techniques and displaying the Ravens Wood values.		
	Essential	Core	Ambitious
The Big Questions (What skills will the students be able to display after completing this sport)	<ul style="list-style-type: none"> • How do I consistently perform basic skills under low pressure? • How do I pass and move effectively in simple game situations? • How do I dribble with control while changing direction? • How do I shoot using correct technique in unopposed situations? • How do I apply basic defensive positioning? 	<ul style="list-style-type: none"> • How do I select the correct pass in a game situation? • How do I maintain possession under moderate pressure? • How do I attack and create space using movement and dribbling? • How do I shoot accurately under pressure or on the move? • How do I apply attacking and defensive principles in small-sided games? 	<ul style="list-style-type: none"> • How do I make effective decisions under pressure in competitive games? • How do I outwit opponents using skill, movement, and tactics? • How do I transition quickly between attack and defence? • How do I create and exploit space for myself and teammates? • How do I analyse and improve performance (self/peer)?
The Key Skills/ Techniques	The sophistication and application of skills will become more advanced as students' progress through the Essential, Core and Ambitious knowledge.		
	Skill/Technique	How will this skill be developed?	

	<p>Passing and catching</p>	<p>Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of passing and catching. Students develop isolated passing drills into decision-based practices and conditioned games. Emphasis is placed on timing, accuracy, movement off the ball, and maintaining possession under increasing defensive pressure.</p>
	<p>Rebounding</p>	<p>Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of rebounding. Students will explore rebounding and the correct way to compete for rebounds and employ these techniques in their conditioned practices and small-sided games with emphasis on positioning, timing, and physicality to win rebounds, progressing to applying these skills in competitive gameplay situations.</p>
	<p>Dribbling</p>	<p>Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of dribbling. Progression from controlled dribbling to changes of speed, direction, and use of both hands in opposed situations. Students apply dribbling to beat defenders and create attacking opportunities in games.</p>
	<p>Shooting</p>	<p>Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of shooting. Students refine shooting technique before applying it in dynamic situations, including shooting on the move and under pressure. Decision-making around shot selection becomes a key focus.</p>
	<p>Tactical awareness</p>	<p>Students begin to take on roles such as officiating, coaching, and analysing performance. They develop communication, teamwork, and decision-making skills in competitive contexts.</p>