

# Ravens Wood School

## KS3 Curriculum Plan



### Subject: Basketball - Year 7

Overarching Topic: Learning and developing basic skills.		
<p>Why is this topic being studied at this time?</p> <p>How does it fit into the wider subject curriculum?</p>	<p>Basketball is one of Ravens Wood's core sports during the winter term and we have a history of county and district level success across all age groups. Basketball in PE can help students gain the skills required to be successful in lots of other sports on our curriculum.</p> <p>There are many opportunities to integrate the wider subject curriculum into basketball especially with handball. Many aspects of basketball link closely with the GCSE specification which can be used in teaching at key stage 3.</p> <p>Basketball provides endless opportunities for pupils to develop their leadership skills, learn new tactics, skills and techniques and displaying the Ravens Wood values.</p>	
Essential	Core	Ambitious
<p><b>The Big Questions</b> (What skills will the students be able to display after completing this sport)</p> <ul style="list-style-type: none"> <li>• How do I pass the ball correctly?</li> <li>• How do I catch the ball?</li> <li>• How do I dribble using control?</li> <li>• How do I shoot using the correct technique?</li> <li>• How do I perform a lay-up?</li> <li>• How do I rebound?</li> <li>• How do I defend?</li> </ul>	<ul style="list-style-type: none"> <li>• How do I pass using different techniques (bounce/chest/overhead/javelin)?</li> <li>• How do I catch the ball whilst moving and using the correct footwork?</li> <li>• How do I dribble with both hands?</li> <li>• How do I shoot with accuracy from different positions?</li> <li>• How do I perform a lay up on the move?</li> </ul>	<ul style="list-style-type: none"> <li>• How do I pass when under pressure from defenders?</li> <li>• How do I receive the ball effectively in space?</li> <li>• How do I dribble past an opponent?</li> <li>• How do I perform a lay-up against defenders?</li> </ul>
<b>The Key Skills/ Techniques</b>	<b>The sophistication and application of skills will become more advanced as students' progress through the Essential, Core and Ambitious knowledge.</b>	
	<b>Skill/Technique</b>	<b>How will this skill be developed?</b>
	<p>Passing and catching</p>	<p>Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of passing and catching.</p> <p>Students will explore the different types of passes and the correct way to receive the ball and try to employ these techniques in their conditioned practices and small-sided games.</p>

	Rebounding	Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of rebounding. Students will explore rebounding and the correct way to compete for rebounds and employ these techniques in their conditioned practices and small-sided games.
	Dribbling	Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of dribbling. Students will explore dribbling and the correct way to control the ball whilst moving on the court and employ these techniques in their conditioned practices and small-sided games.
	Shooting	Students will learn through isolated drills, conditioned practices and small sided games focusing on the basics of shooting. Students will explore shooting and the correct way to shoot accurately and employ these techniques in their conditioned practices and small-sided games.