

Year	Term	Session topic	Learning objectives	Statutory outcomes	Resources and teaching guidance		Assessment evidence
Year 8	Autumn 1	Developing and maintaining positive relationships	<ul style="list-style-type: none"> • What makes a positive friendship, • What it means to be a good friend, • How to rebuild old friendships 	Relationships; Mental wellbeing	Developing and maintaining positive relationships lesson		PSHE reflection diary, teacher observation.
		Intersectionality and diversity: Mary Seacole	<ul style="list-style-type: none"> • What we mean by intersectionality • Why some achievements are less visible than others • How we can champion all achievements 	Relationships; Citizenship; Rights and Responsibilities	Intersectionality Mary Seacole lesson	Teaching race RWS guidance	
		The dangers of sexting	<ul style="list-style-type: none"> • What sexting is • The dangers and legal implications of sexting • How we can stay safe online 	Online safety; Relationships; Safeguarding	The dangers of sexting lesson	Teaching sexting RWS guidance	
	Autumn 2	The dangers of AI	<ul style="list-style-type: none"> • What AI is • The harm that can be caused by AI misuse • How to protect against AI misuse 	Online safety; Relationships; Safeguarding	The dangers of AI lesson	The Wellbeing Hub AI teaching resources	PSHE reflection diary, teacher observation.
		Careers	<ul style="list-style-type: none"> • How to identify goals • How to identify how your skills, interests and abilities align • How to set realistic goals for the future 	Careers education	What life do I want lesson	Unifrog teacher resources	
		FGM and how to report it	<ul style="list-style-type: none"> • What FGM is • How FGM is harmful • How to report FGM if you suspect it has or will happen 	Relationships; Health and wellbeing; Safeguarding	FGM and how to report it lesson	Teaching FGM RWS guidance	
		Conception and contraception	<ul style="list-style-type: none"> • What conception means • How contraception works • Where to get sexual health advice in the local area 	Relationships and sex education; Health and wellbeing; Safeguarding	Conception and contraception lesson	Teaching sex education RWS guidance	
	Spring 1	County lines	<ul style="list-style-type: none"> • What county lines is • How someone might get involved in county lines • What signs to be aware of and how to get help 	Staying safe; Safeguarding; Mental and physical wellbeing	County lines lesson	Teaching county lines RWS guidance	PSHE reflection diary, teacher observation.
		Radicalisation	<ul style="list-style-type: none"> • What is incel culture / religious extremism • How someone might get radicalised into these groups • What signs to be aware of and how to get help 	Relationships; Citizenship; Rights and Responsibilities; Safeguarding	Radicalisation lesson	Radicalisation RWS teaching guidance	
		Safer Internet Day PSHE	Theme changes depending on year	Online safety	Safety Internet Day archive		
	Spring 2	Transphobia and homophobia	<ul style="list-style-type: none"> • What is meant by transphobia and homophobia • Why someone might have these views • How we can all promote and more tolerant and inclusive society 	Relationships; Citizenship; Rights and Responsibilities	Transphobia and Homophobia lesson	Teaching LGBTQ RWS guidance	PSHE reflection diary, teacher observation.
		Dealing with the pressure of social media	<ul style="list-style-type: none"> • What is meant by social media • Why someone might feel pressured by social media • Dealing with effect media has on mental health and relationships 	Online safety; Relationships; Citizenship; Health and wellbeing	Dealing with the pressures of social media lesson	Teaching conspiracy theories RWS guidance	
		Careers	TBC	Careers education			
	Summer 1	Antibullying	<ul style="list-style-type: none"> • What bullying looks like • How bullying is harmful • Ways that we can be an upstander when bullying occurs 	Relationships; Health and wellbeing; Safeguarding	Antibullying lesson		PSHE reflection diary, teacher observation.
		Consequences of drugs	<ul style="list-style-type: none"> • What addiction is • Why young people take drugs • The consequences of drugs on our mind and body • Where to get support if you are worried about addiction 	Health and wellbeing; Safeguarding	Consequences of drugs lesson		
		Sexual harassment and consent	<ul style="list-style-type: none"> • What sexual harassment is • How sexual harassment affects people • Ways we can tackle sexual harassment 	Relationships; Citizenship; Rights and Responsibilities; Safeguarding	Sexual harassment and consent lesson	Teaching consent RWS guidance	
		Looking after our mental health	<ul style="list-style-type: none"> • What mental health is • How mental health affects people • Ways we can look after our mental health 	Health and wellbeing; Safeguarding	Looking after our mental health lesson		
	Summer 2	Democracy	<ul style="list-style-type: none"> • What democracy is • How democracy works • Why democracy is important 	Citizenship; Rights and responsibilities	Democracy lesson		PSHE reflection diary, teacher observation.
		Careers	TBC	Careers education			
		Values Week					
		What are our rights and responsibilities within the law	<ul style="list-style-type: none"> • What our rights are • What our responsibilities are • How we can enjoy our rights whilst being responsible 	Citizenship; Rights and responsibilities; Relationships	Rights and responsibilities lesson		