

Year	Term	Session topic	Learning objectives	Statutory outcomes	Resources and teaching guidance	Assessment evidence
Year 7	Autumn 1	Developing positive relationships	<ul style="list-style-type: none"> <li>• What makes a positive friendship,</li> <li>• What it means to be a good friend,</li> <li>• Why it is important to have a variety of positive relationships</li> </ul>	Relationships; Mental wellbeing	<a href="#">Positive friendships lesson</a>	PSHE reflection diary, teacher observation.
		Being a citizen of Ravens Wood	<ul style="list-style-type: none"> <li>• What it means to be a leader</li> <li>• How we can help others to learn</li> <li>• What it means to excel</li> </ul>	Relationships; Mental wellbeing; Citizenship; Rights and Responsibilities	<a href="#">Being a citizen of Ravens Wood lesson</a>	
		Intersectionality and diversity	<ul style="list-style-type: none"> <li>• What we mean by intersectionality</li> <li>• Why some achievements are less visible than others</li> <li>• How we can champion all achievements</li> </ul>	Relationships; Citizenship; Rights and Responsibilities	<a href="#">Intersectionality and diversity lesson</a>	
		The dangers of sexting	<ul style="list-style-type: none"> <li>• What sexting is</li> <li>• The dangers and legal implications of sexting</li> <li>• How we can stay safe online</li> </ul>	Online safety; Relationships; Safeguarding	<a href="#">The dangers of sexting lesson</a>	
	Autumn 2	AI and Misinformation	<ul style="list-style-type: none"> <li>• What information means</li> <li>• How misinformation can be dangerous</li> <li>• How we can spot misinformation in the media</li> </ul>	Online Safety; Safeguarding	<a href="#">AI and Misinformation lesson</a>	PSHE reflection diary, teacher observation.
		What is a career?	<ul style="list-style-type: none"> <li>• What it means to have a career</li> <li>• Different types of career path</li> <li>• The skills required for different jobs</li> </ul>	Careers education	<a href="#">What is a career lesson</a>	
		Emotional wellbeing	<ul style="list-style-type: none"> <li>• What emotional wellbeing is</li> <li>• The factors that impact emotional wellbeing</li> <li>• How to look after emotional wellbeing</li> </ul>	Mental wellbeing; Relationships	<a href="#">Emotional wellbeing lesson</a>	
		Introduction to the British Values	<ul style="list-style-type: none"> <li>• What are the British Values</li> <li>• Why do we have British Values</li> <li>• How are the British Values valuable to us</li> </ul>	Citizenship; Rights and Responsibilities; Relationships	<a href="#">The British Values lesson</a>	
	Spring 1	Stereotyping and discrimination	<ul style="list-style-type: none"> <li>• What is meant by discrimination</li> <li>• What is meant by stereotyping</li> <li>• How can these behaviours be harmful</li> </ul>	Relationships; Citizenship; Rights and Responsibilities	<a href="#">Stereotyping and discrimination lesson</a>	PSHE reflection diary, teacher observation.
		Understanding LGBTQ+	<ul style="list-style-type: none"> <li>• What LGBTQ+ means</li> <li>• How we might understand LGBTQ+ better</li> <li>• How we can ensure that we are respectful to all people</li> </ul>	Relationships; Citizenship; Rights and Responsibilities	<a href="#">Understanding LGBTQ lesson</a>	
		Safer Internet Day PSHE	Theme changes depending on year	Online safety	<a href="#">Safety Internet Day archive</a>	
	Spring 2	Body Image	<ul style="list-style-type: none"> <li>• What is meant by body image</li> <li>• The link between poor body image and eating disorders</li> <li>• How we can promote a positive body image</li> </ul>	Health and wellbeing; Safeguarding	<a href="#">Body image lesson</a>	PSHE reflection diary, teacher observation.
		Puberty and the changing adolescent body	<ul style="list-style-type: none"> <li>• What changes occur during puberty</li> <li>• Why and when puberty occurs</li> <li>• How we can look after ourselves during puberty</li> </ul>	Health and wellbeing; Safeguarding	<a href="#">Puberty lesson</a>	
		How careers can help the climate	<ul style="list-style-type: none"> <li>• What it means to have a green career</li> <li>• What it means to have a sustainable career</li> <li>• Why each career type is important for the environment</li> </ul>	Careers education	<a href="#">How careers can help the climate lesson</a>	
	Summer 1	Antibullying	<ul style="list-style-type: none"> <li>• What bullying looks like</li> <li>• How bullying is harmful</li> <li>• Ways that we can prevent bullying at school</li> </ul>	Relationships; Health and wellbeing; Safeguarding	<a href="#">Antibullying lesson</a>	PSHE reflection diary, teacher observation.
		Radicalisation	<ul style="list-style-type: none"> <li>• What radicalisation means</li> <li>• How people are radicalised</li> <li>• Ways to get help with radicalisation concerns</li> </ul>	Relationships; Citizenship; Rights and Responsibilities; Safeguarding	<a href="#">Radicalisation lesson</a>	
		Being aware of addiction	<ul style="list-style-type: none"> <li>• What addiction is</li> <li>• Which substances are addictive (nicotine, alcohol, drugs)</li> <li>• How addiction affects our body and mind</li> </ul>	Health and wellbeing; Safeguarding	<a href="#">Being aware of addiction lesson</a>	

PSHE reflection diary, teacher observation.