

Year	Term	Session topic	Learning objectives	Statutory outcomes	Resources and teaching guidance		Assessment evidence
Year 7	Autumn 1	Developing positive relationships	<ul style="list-style-type: none"> What makes a positive friendship, What it means to be a good friend, Why it is important to have a variety of positive relationships 	Relationships; Mental wellbeing	Positive friendships lesson		PSHE reflection diary, teacher observation.
		Being a citizen of Ravens Wood	<ul style="list-style-type: none"> What it means to be a leader How we can help others to learn What it means to excel 	Relationships, Mental wellbeing; Citizenship; Rights and Responsibilities	Being a citizen of Ravens Wood lesson		
		Intersectionality and diversity	<ul style="list-style-type: none"> What we mean by intersectionality Why some achievements are less visible than others How we can champion all achievements 	Relationships; Citizenship; Rights and Responsibilities	Intersectionality and diversity lesson	Teaching race RWS guidance	
		The dangers of sexting	<ul style="list-style-type: none"> What sexting is The dangers and legal implications of sexting How we can stay safe online 	Online safety; Relationships; Safeguarding	The dangers of sexting lesson	Teaching sexting RWS guidance	
	Autumn 2	AI and Misinformation	<ul style="list-style-type: none"> What information means How misinformation can be dangerous How we can spot misinformation in the media 	Online Safety; Safeguarding	AI and Misinformation lesson	The Wellbeing Hub AI teaching resources	PSHE reflection diary, teacher observation.
		What is a career?	<ul style="list-style-type: none"> What it means to have a career Different types of career path The skills required for different jobs 	Careers education	What is a career lesson	Unifrog teacher resources	
		Emotional wellbeing	<ul style="list-style-type: none"> What emotional wellbeing is The factors that impact emotional wellbeing How to look after emotional wellbeing 	Mental wellbeing; Relationships	Emotional wellbeing lesson	Bromley Y staff training (?)	
		Introduction to the British Values	<ul style="list-style-type: none"> What are the British Values Why do we have British Values How are the British Values valuable to us 	Citizenship; Rights and Responsibilities; Relationships	The British Values lesson		
	Spring 1	Stereotyping and discrimination	<ul style="list-style-type: none"> What is meant by discrimination What is meant by stereotyping How can these behaviours be harmful 	Relationships; Citizenship; Rights and Responsibilities	Stereotyping and discrimination lesson	Teaching race RWS guidance	PSHE reflection diary, teacher observation.
		Understanding LGBTQ+	<ul style="list-style-type: none"> What LGBTQ+ means How we might understand LGBTQ better How we can ensure that we are respectful to all people 	Relationships; Citizenship; Rights and Responsibilities	Understanding LGBTQ lesson	Teaching LGBTQ RWS Guidance	
		Safer Internet Day PSHE	Theme changes depending on year	Online safety	Safety Internet Day archive		
	Spring 2	Body Image	<ul style="list-style-type: none"> What is meant by body image The link between poor body image and eating disorders How we can promote a positive body image 	Health and wellbeing; Safeguarding	Body image lesson		PSHE reflection diary, teacher observation.
		Puberty and the changing adolescent body	<ul style="list-style-type: none"> What changes occur during puberty Why and when puberty occurs How we can look after ourselves during puberty 	Health and wellbeing; Safeguarding	Puberty lesson	Teaching puberty RWS guidance	
		How careers can help the climate	<ul style="list-style-type: none"> What it means to have a green career What it means to have a sustainable career Why each career type is important for the environment 	Careers education	How careers can help the climate lesson	Unifrog teacher resources	
	Summer 1	Antibullying	<ul style="list-style-type: none"> What bullying looks like How bullying is harmful Ways that we can prevent bullying at school 	Relationships; Health and wellbeing; Safeguarding	Antibullying lesson		PSHE reflection diary, teacher observation.
		Radicalisation	<ul style="list-style-type: none"> What radicalisation means How people are radicalised Ways to get help with radicalisation concerns 	Relationships; Citizenship; Rights and Responsibilities; Safeguarding	Radicalisation lesson	Radicalisation RWS teaching guidance	
		Being aware of addiction	<ul style="list-style-type: none"> What addiction is Which substances are addictive (nicotine, alcohol, drugs) How addiction affects our body and mind 	Health and wellbeing; Safeguarding	Being aware of addiction lesson		

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