

Year	Term	Session topic	Learning objectives	Statutory outcomes	Resources and teaching guidance		Assessment evidence
Year 13	Autumn 1	Healthy relationships	<ul style="list-style-type: none"> <li>What attachment styles are</li> <li>How attachment styles impact our relationships</li> <li>How to spot an unhealthy relationship</li> </ul>	Relationships; Mental wellbeing	<a href="#">Healthy relationships lesson</a>		PSHE reflection diary, teacher observation.
		Black History Month	TBC			<a href="#">Teaching race RWS guidance</a>	
		Resilience during exam season	<ul style="list-style-type: none"> <li>What resilience is</li> <li>How to practice resilience</li> <li>Strategies that help us to remain resilient</li> </ul>	Mental wellbeing; Safeguarding	<a href="#">Resilience during exam season lesson</a>		
	Autumn 2	AI and parasocial relationships	<ul style="list-style-type: none"> <li>What AI is</li> <li>How people can become over reliant on AI</li> <li>How to avoid over reliance on AI</li> </ul>	Online safety; Relationships	<a href="#">AI and parasocial relationships lesson</a>		PSHE reflection diary, teacher observation.
		Preparing for future transitions	<ul style="list-style-type: none"> <li>What transitions are</li> <li>What options are available after Sixth Form</li> <li>How to make the best choice for ourselves</li> </ul>	Careers education	<a href="#">Preparing for future transitions lesson</a>	<a href="#">Unifrog teacher resources</a>	
		Dangers of drug use	<ul style="list-style-type: none"> <li>What the effect and risks of drugs are</li> <li>How these can are shown through case studies</li> <li>How to make positive choices around drugs</li> </ul>	Physical wellbeing; Safeguarding	<a href="#">Dangers of drug use lesson</a>		
		Sexual violence	<ul style="list-style-type: none"> <li>What sexual violence is</li> <li>Why sexual violence happens</li> <li>How to set and respect sexual boundaries</li> </ul>	Relationships; Safeguarding; Wellbeing	<a href="#">Sexual violence lesson</a>	<a href="#">Teaching consent RWS guidance</a>	
	Spring 1	Social media and dangerous content	<ul style="list-style-type: none"> <li>What online content is dangerous</li> <li>How to avoid dangerous online content</li> <li>The risk of engaging with dangerous online content</li> </ul>	Online safety; Relationships; Wellbeing	<a href="#">Dangerous online content lesson</a>		PSHE reflection diary, teacher observation.
		Safer Internet Day PSHE	Theme changes depending on year	Online safety	<a href="#">Safety Internet Day archive</a>		
	Spring 2	Careers	TBC	Careers education		<a href="#">Unifrog teacher resources</a>	PSHE reflection diary, teacher observation.
		Preparing to leave school	<ul style="list-style-type: none"> <li>How can I be prepared for leaving school</li> <li>How to make this transition easier now</li> <li>How to improve self-management and professionalism</li> </ul>	Mental wellbeing; Safeguarding; Living in the wider world	<a href="#">Preparing to leave school lesson</a>		
		Exam season					PSHE reflection diary, teacher observation.
	Summer 1						