



Curriculum Provision Map for Personal Development 2024-25

RSE curriculum topics are in RED

Year 7		
Autumn 1		(*) Mindfulness (1) Developing Positive Relationships (2) Black History Month (3) Being a Citizen of Ravens Wood
Autumn 2		(*) Mindfulness (1) The Dangers of Sexting (2) Emotional Wellbeing (3) Anti-bullying (4) Careers session with careers lead
Spring 1		(*) Mindfulness (1) Introduction to British Values (2) Sterotyping and Discrimination (3) Online Safety
Spring 2		(*) Mindfulness (1) How can I understand LGBTQ (2) What is democracy? (3) Careers session with careers lead
Summer 1		(*) Mindfulness (1) Body Image (2) Being aware of addiction (3) Radicalisation
Summer 2		(*) Mindfulness (1) What is misinformation? (2) What are human rights?
Year 8		
Autumn 1		* Mindfulness (1) Developing and maintaining positive relationships (2) Black History Month (3) The dangers of sexting
Autumn 2		(1) Antbullying (2) FGM and how to report it (3) Conception and contraception (4) Careers session with careers lead
Spring 1		(1) County Lines (2) Radicalisation (3) Online safety
Spring 2		(1) Transphobia and homophobia (2) Consequences of drugs (3) Careers session with careers lead
Summer 1		(1) Dealing with the pressure of social media (2) Rights and responsibilities within the legal system (3) Looking after mental health
Summer 2		(1) Sexual harassment (2) How democracy works (3) Anti-racism
Year 9		
Autumn 1		(1) Antibullying - how to be an upstander (2) Black History Month (3) The pressures and pitfalls of sexting
Autumn 2		(1) Stress and its effect (2) Understanding sexual content (3) Talking about mental health (4) Careers session with careers lead
Spring 1		(1) The dangers of carrying a knife (2) How pornography can be damaging (3) Online safety
Spring 2		(1) Having positive relationships with women (2) Careers session with careers lead
Summer 1		(1) Managing conflicts at home (2) Developing positive body image (3) Being aware of misinformation (4) RSE Day from School of Sexuality
Summer 2		(1) Being aware of microaggressions (2) Elections and voting
Year 10		
Autumn 1		(1) Dealing with exam pressure (2) The Black Power movement (3) Wellbeing and social connections
Autumn 2		(1) Drugs and their effects (2) How online spaces can be damaging (3) Health and body image (4) Careers session with careers lead
Spring 1		(1) Sexual harassment (2) Street safety (3) online safety
Spring 2		(1) Budgeting money (2) Contraception and reproductive Health (3) Careers session with careers lead (4) positive attitudes and language towards women
Summer 1		(1) Self harm and suicide (2) PREVENT (3) Managing emotions
Summer 2		(1) Human rights (2) Sexual health
Year 11		
Autumn 1		(1) Effective revision strategies (2) The Black Power movement (3) Vaping and edibles
Autumn 2		(1) The effect of porn on relationships (2) Aggressive and assertive behaviour (3) Careers session with careers lead
Spring 1		(1) Income and expenditure (2) child exploitation (3) Online safety
Spring 2		(1) Debit, credit and loans (2) Careers session with careers lead
Summer 1		(1) Resilience during exam season (2) Preparing for future transitions
Summer 2		(No PSHE - Exam season)