

THRIVE

REAL FOOD. GREAT FLAVOUR.

MON	TUE	WED	THU	FRI
Crispy Korean Chicken Burger, Wedges & Asian Slaw £2.80	Smokey Portuguese Meatballs Feijoada, Wholegrain Rice & Steamed Carrots £2.80	Butchers Sausages with Caramelised Onion Gravy, Creamy Mash & Roasted Broccoli £2.80	Slow Cooked Ragu Beef Lasagne, Chef's Salad & Garlic & Herb Slice £2.80	Battered Fish Fillet, Chips & Peas £2.80
Portuguese Peri-Peri Chicken & Rice	Beef Chilli Loaded Fries with Cheddar & Crispy Onions	Lamb Shish Kebab Pitta with Mint Yoghurt	Jamaican Jerk Chicken Mac & Cheese	Chicken Tender and Chips
Portuguese Peri-Peri Squash & Rice £3.20	Cheesy BBQ Loaded Fries With Crispy Onions £3.20	Mediterranean Vegetable and Halloumi Kebab with Pitta and Spicy Mayo £3.20	Jerk Spiced Quorn Mac & Cheese £3.20	Spiced Cauliflower Wings and Chips £3.20
Tomato Pasta/Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Tomato Pasta/Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Tomato Pasta/Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Tomato Pasta/Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Tomato Pasta/Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60



**LOOK OUT FOR OUR
MEAL DEALS AND
GRAB & GO!**



**CONFECTIONARY
ITEMS AVAILABLE
EVERYDAY!**



W/C: 01/09/26, 21/09/26, 12/10/26, 16/11/26, 07/12/26

ALLERGEN INFORMATION

If you have a food allergy or intolerance, please ask the Allergen Guru or Chef Manager about the ingredients in your meal.

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MON	TUE	WED	THU	FRI
Smokey Butter Chicken Masala, Pilau Rice Spicy Roasted Cauliflower £2.80	BBQ Pulled Pork Slider Ranch Slaw Seasoned Wedges £2.80	Roast Chicken with Stuffing & Herb Gravy Roast Potatoes Savoy Cabbage & Carrots £2.80	Nut-less Satay Chicken with Lemongrass & Coconut Sauce Sticky Ginger Rice Pickled Cucumber £2.80	Battered Fish Fillet, Chips & Peas £2.80
British Beef Burger With Salad, Pickles & Seasoned Fries	Mediterranean Chicken Giga Wrap Falafel Giga Wrap £3.20	Lamb Eat Curious Burrito Bowl With Salsa	Chow Mein Noodles with Sweet Sour Chicken	Pepperoni Calzone
Halloumi & Mushroom Burger With Chilli Jam £3.20		Eat Curious Veggie Keema Burrito Bowl with Salsa £3.20	Chow Mein Noodles with Sweet & Sour Quorn £3.20	Mozzarella, Tomato and Basil Calzone £3.20
Tomato Pasta/ Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Tomato Pasta/ Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Tomato Pasta/ Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Tomato Pasta/ Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Tomato Pasta/ Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60



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W/C: 07/09/26, 28/09/26, 02/11/26, 23/11/26, 14/12/26

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MON	TUE	WED	THU	FRI
Sticky Hoi-Sin Chicken Stir-Fry, Soy & Ginger Noodles & Roasted Chinese Leaf & Cabbage £2.80 Southern Fried Fillet Chicken Burger & Chips Chickpea & Corn Burger, Mango & Lime Salsa & Chips £3.20 Tomato Pasta/ Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Cheesy Tater Tots Topped Beef Chilli Pie, Corn Ribs & Texan Slaw £2.80 Chinese Beef stir fry with noodles Kung Pao Vegetables with Singapore Rice Noodles £3.20 Tomato Pasta/ Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Roast Turkey with Stuffing & Herb Gravy, Skin on Roast Potatoes, Roasted Carrots & Parsnips £2.80 Jumbo Hot Dog, BBQ Sauce, Coleslaw and Wedges Onion Bhaji, Mint Yoghurt and Iceberg Wrap with Wedges £3.20 Tomato Pasta/ Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Lamb Eat Curious Keema Burrito Bowl, Zesty Lime & Coriander Rice & Roasted Cumin Cauliflower £2.80 Fajita Chicken Giga Bowl With Mint Yogurt & Sweet Chilli Dressing Falafel Giga Bowl With Mint Yogurt & Sweet Chilli Dressing £3.20 Tomato Pasta/ Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60	Battered Fish Fillet, Chips & Peas £2.80 Signature Flamin Fish Burger & Chips Eat Curious, Halloumi Wrap With Mint Yoghurt Dressing £3.20 Tomato Pasta/ Pesto Pasta/Beef Bolognese/Mac And Cheese £2.60

W/C: 14/09/26, 05/10/26, 09/11/26, 30/11/26

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